

# Paphos International Sailing Club

## PISC

### Sailing Instructions



### PISC Spring Regatta 2026

**Saturday 30<sup>th</sup> May 2026 – Sunday 31<sup>st</sup> May 2026**

#### **1 Rules**

- 1.1 The regatta will be governed by the rules as defined in the 2025-2028 Racing Rules of Sailing (“RRS”).
- 1.2 No national authority prescriptions will apply.

#### **2 Notice to Competitors**

- 2.1 Notices will be displayed on the PISC Regatta notice board located at the PISC boat park at Agios Georgios beach.

#### **3 Changes to Sailing Instructions**

- 3.1 Any change to the sailing instructions will be posted before 10.00 hours on the day it will take effect, except that a change to the schedule may be made at the regatta briefing immediately prior to the session in which it will take effect.

#### **4 Signals Made Ashore**

- 4.1 Signals made ashore will be displayed from a flag pole located at the PISC boat park at Agios Georgios.
- 4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the race signal AP.

#### **5 Racing Format**

- 5.1 The regatta consists of two series, a Senior series and a Junior series.

#### **6 Class Flags**

- 6.1 The class flag will be the code “G” (Golf) flag for both the Senior and the Junior series. For the Junior series, the code “G” (Golf) flag will be raised not less than 1 minute after the starting signal for the Senior series.

#### **7 Registration**

- 7.1 Registration is at the regatta desk located at the PISC boat park at Agios Georgios beach:
  - 7.1.1 Saturday May 30<sup>th</sup> 09:45 to 10:45

## 8 Schedule of Races

- 8.1 Saturday May 30th
  - 8.1.1 Briefing 10:45
  - 8.1.2 Maximum of three (3) series races back-to-back: First warning signal 11.55
- 8.2 Sunday May 31st
  - 8.2.1 Briefing: 11.00
  - 8.2.2 Maximum of two (2) series races back-to-back: First warning signal 12.25
  - 8.2.3 No warning signal will be made after 1530
  - 8.2.4 Prize giving: As soon as reasonably possible following the finish of the last race of the series
- 8.3 Where multiple races are scheduled in any session, the warning signal for each succeeding race will be made as soon as practicable after the preceding race.

## 9 The Courses

- 9.1 The diagrams in attachments A show the courses, including the order in which the marks are to be passed and the side on which each mark is to be left.
- 9.2 Prior to the warning signal for each race, the race committee signal boat will display the appropriate numeral pennant (or the course number by placard) to indicate the course.
- 9.3 To alert boats that a race or sequence of races will begin soon, the orange attention flag will be displayed with one sound signal at least five minutes before the first warning signal is made in each session.
- 9.4 The Junior series will only complete the first lap of the course. This applies to all courses.

## 10 Marks

- 10.1 Marks 1 and 3 will be orange tetrahedron buoys. Mark 2 will be a yellow cylinder.
- 10.2 The starting and finishing marks will be a yellow cylindrical buoy.
- 10.3 **When sailing from mark 3 to mark 1 on a leg of the course, the start/finish line is a gate through which boats must pass.**

## 11 Racing Area

- 11.1 In the area bordering the mole at Agios Georgios harbour, Manajin Island and Lara Point.

## 12 The Start

- 12.1 The starting line will be between the orange attention flag on the committee boat and the course side of the port end starting mark.
- 12.2 A boat that does not start within four (4) minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.

## 13 The Finish

- 13.1 The Finish line will be between the blue flag on the committee boat and the course side of the port end starting mark.

## 14 Time Limits

- 14.1 Time limit will be 30 minutes after the first boat sails the course and finishes.
- 14.2 Boats failing to finish within the time limit will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

## 15 Protests

- 15.1 Protests and requests for redress or reopening shall be delivered to the regatta desk no later than 40 minutes after the last boat has finished the last race of the session or the race committee signals no more racing today, whichever is the later. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the location and at the time as posted.
- 15.2 Protesting boats are not required to display a red flag. This changes RRS 60.2(1).

## 16 Scoring

- 16.1 Two races are required to be completed to constitute a series.
- 16.2 Race scores:
  - 16.2.1 When fewer than five (5) series races have been completed, a boat's series score will be the total of her race scores.
  - 16.2.2 When five (5) or more series races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 16.3 Where multiple classes are competing against each other the most recent Portsmouth Yardstick number published by the Royal Yachting Association or relevant Class Association, in the unfettered discretion of the Organising Authority, will be used to calculate corrected time.

## 17 Safety

- 17.1 Competitors shall always wear personal flotation devices whilst launching and recovering on the slipway and while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 17.2 **[NP] [DP]** A boat that retires from a race shall notify the race committee as soon as possible by hailing the signal boat or a patrol boat or by advising the Beach Master.
- 17.3 **[NP] [DP]** Each boat shall be launched on instruction from the Beach Master. Competitors are to comply with instructions of the Beach Master.

## 18 Replacement of crew or equipment

- 18.1 Substitution of crew in a two-man dinghy is allowed. Substitution of helm will not be allowed without the prior approval of the race committee.
- 18.2 Substitution of damaged or lost equipment is permitted.

## 19 Borrowed Boats

- 19.1 Entrants may be able to sail a boat borrowed from the Organising Authority, for which the registration fee will include temporary membership of the club. Borrowed boats shall be raced "as-is". Competitors may not seek redress for errors or omissions on the part of the Organising Authority, including but not limited to, equipment failure. This changes RRS 61.1(a) and 61.4(b)(1).
- 19.2 Laser Pico will be allocated to competitors by draw at the discretion of the OA.

## **20 Prizes**

- 20.1 Prizes will be awarded to helm and crew to third place in the Senior Series overall standings.
- 20.2 Prizes will be awarded to helm and crew to third place in each dinghy class.
- 20.3 Additional prizes may be awarded at the discretion of the Organising Authority.

## **21 Radio Communication [NP] [DP]**

- 21.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **22 Risk Statement**

- 22.1 RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the regatta, each competitor and, if applicable, their responsible adult (parent or guardian), agrees and acknowledges that:
  - a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the regatta;
  - b) they are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
  - c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - d) by participating in any race they are satisfied that their boat is in good order, equipped to sail in the regatta and they are fit to participate;
  - e) they do not have any medical conditions or impairments that would affect their ability to safely take part in the regatta;
  - f) the provision of a race management team, patrol boats and other officials and volunteers by the race organiser does not relieve them of their own responsibilities;
  - g) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
  - h) it is their responsibility to familiarise themselves with any risks specific to this venue or this regatta drawn to their attention in any rules and information produced for the venue or the regatta and to attend any briefing held at the regatta venue.
  - i) they will not participate in the regatta if under the undue influence of alcohol, drugs or if otherwise unfit to participate.

## **23 Disclaimer of Liability**

- 23.1 Each competitor and, if applicable, their responsible adult (parent or guardian), agrees and acknowledges that they take part in the regatta of their own free will and at their own risk and that the Organising Authority shall not be nor be deemed to be responsible or liable whether in contract or in tort or under any statute for any personal injury (including illness) which may be suffered by them or any damage sustained to their personal property during the regatta or any loss or damage suffered by them as a result of their participation in the regatta.

## **24 Insurance**

- 24.1 Each participating boat shall be insured with valid third-party liability insurance with adequate cover.